



Sesame Garlic Dressing

¼ cup olive oil
2 tablespoons lemon juice
1 medium clove garlic, minced
2 tablespoons water
¼ teaspoon solar-dried sea salt
½ teaspoon dried oregano or 1 tsp fresh oregano, minced
½ teaspoon dulse flakes (optional but great for minerals)
freshly ground pepper to taste

Whisk all ingredients together in a small bowl until well blended.
Serve over your favorite fresh greens or any combination of vegetables in season.

Yields ½ cup

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